

9-12



April Lunch 2017

Harmony Public Schools

Monday

Tuesday

Wednesday

Thursday

Friday

<p>3 Chicken Tenders Steamed Broccoli Mashed Potatoes Dinner Roll Ketchup Fruit variety Choice of milk</p>	<p>4 Nachos w/ ground Turkey Refried Beans Spanish rice Corn Niblets Fruit variety Choice of milk</p>	<p>5 Chicken Sandwich Tasty Tots Salad Mix Pickle Ketchup Fruit variety Choice of milk</p>	<p>6 Pasta & Meatballs Sliced Carrots Chocolate Chip Cookie Fruit variety Choice of milk</p>	<p>7 Cheese Pizza Salad mix Sliced Carrots Steamed Green Peas Ranch Dressing Fruit variety Choice of milk</p>
<p>10 Cheesy Meatball Sub Tasty Tots Corn Niblets Chocolate Chip Cookie Fruit variety Choice of milk</p>	<p>11 Chicken Nuggets Steamed Broccoli Carrot Coins Dinner Roll Ketchup Fruit variety Choice of milk</p>	<p>12 Burger & Fries Salad Mix Pickle Ketchup Fruit Variety Choice of Milk</p>	<p>13 Soft Tacos Corn Niblets Refried Beans Spanish Rice Dinner Roll Ketchup Fruit Variety Choice of Milk</p>	<p>14 SPRING HOLIDAY</p>
<p>17 Turkey Dog Veggie Baked Beans Mixed Veggies Sun Chips Mustard & Ketchup Fruit Variety Choice of Milk</p>	<p>18 Classy Hamburger French Fries Salad Mix Sliced Cucumbers Ketchup Fruit variety Choice of milk</p>	<p>19 Chicken Fajita Pinto Beans Steamed Green Beans Cheez- Its Ketchup Fruit variety Choice of milk</p>	<p>20 Cheese Lasagna Steamed Broccoli Corn Niblets Fruit Variety Choice of milk</p>	<p>21 Cheese Pizza Salad mix Sliced Carrots Dinner Roll Ranch Dressing Fruit variety Choice of milk</p>
<p>24 Chicken Tenders Steamed Broccoli Mashed Potatoes Dinner Roll Ketchup Fruit variety Choice of milk</p>	<p>25 Nachos w/ ground Turkey Refried Beans Spanish Rice Corn Niblets Fruit variety Choice of milk</p>	<p>26 Chicken Sandwich Tasty Tots Salad Mix Pickle Ketchup Fruit variety Choice of milk</p>	<p>27 Pasta & Meatballs Sliced Carrots Chocolate Chip Cookie Fruit variety Choice of milk</p>	<p>28 Cheese Pizza Salad mix Sliced Carrots Steamed Green Peas Ranch Dressing Fruit variety Choice of milk</p>



Northwest Catering

Taking Nutrition to A Tasty Level!

Make sure to take your milk, the choice is yours 1 % White or Fat Free Chocolate

****Menu is Subject to change****

****This Institution is an equal opportunity provider****





April Breakfast 2017 Harmony Public Schools

Monday	Tuesday	Wednesday	Thursday	Friday
3 Cinnamon Toasters Cereal Fruit Variety Choice of Milk	4 Breakfast Bun Fruit Variety Choice of Milk	5 Banana Muffin Fruit Variety Choice of Milk	6 Cocoa Puff Cereal Chocolate Chip Oatmeal Bar Fruit Variety Choice of Milk	7 Grahams Cracker String Cheese Fruit Variety Choice of Milk
10 Cinnamon Raisin Bagel & Cream Cheese Fruit Variety Choice of Milk	11 Breakfast Donut Fruit Variety Choice of Milk	12 Frosted Corn Flakes Fruit Variety Choice of Milk	13 Double Chocolate Oatmeal Bar Assorted Cereal Fruit Variety Choice of Milk	14 SPRING HOLIDAY
17 Cinnamon Toasters Cereal Fruit Variety Choice of Milk	18 Breakfast Bun Fruit Variety Choice of Milk	19 Banana Muffin Fruit Variety Choice of Milk	20 Cocoa Puff Cereal Chocolate Chip Oatmeal Bar Fruit Variety Choice of Milk	21 Grahams Cracker String Cheese Fruit Variety Choice of Milk
24 Cinnamon Raisin Bagel & Cream Cheese Fruit Variety Choice of Milk	25 Breakfast Donut Fruit Variety Choice of Milk	26 Frosted Corn Flakes Fruit Variety Choice of Milk	27 Double Chocolate Oatmeal Bar Assorted Cereal Fruit Variety Choice of Milk	28 Grahams Cracker Yogurt Cup Fruit Variety Choice of Milk



Northwest Catering
Taking Nutrition to A Tasty Level!

Make sure to take your milk, the choice is yours 1 % White or Fat Free Chocolate

****Menu is Subject to change****

****This Institution is an equal opportunity provider****



K-8



April Lunch 2017

Harmony Public Schools

Monday

Tuesday

Wednesday

Thursday

Friday

3

Chicken Tenders
Steamed Broccoli
Mashed Potatoes
Dinner Roll
Ketchup
Fruit variety
Choice of milk

4

Nachos w/
ground Turkey
Refried Beans
Corn Niblets
Fruit variety
Choice of milk

5

Chicken Sandwich
Tasty Tots
Salad Mix
Ketchup
Fruit variety
Choice of milk

6

Cheese Pizza
Salad mix
Baby Carrots
Ranch Dressing
Fruit variety
Choice of milk

7

Pasta & Meatballs
Sliced Carrots
Chocolate Chip
Cookie
Fruit variety
Choice of milk

10

Cheesy Meatball Sub
Tasty Tots
Corn Niblets
Chocolate Chip
Cookie
Fruit variety
Choice of milk

11

Chicken Nuggets
Steamed Broccoli
Carrot Coins
Ketchup
Fruit variety
Choice of milk

12

Burger & Fries
Salad Mix
Ketchup
Fruit Variety
Choice of Milk

13

Cheese Pizza
Salad mix
Sliced Carrots
Ranch Dressing
Fruit variety
Choice of milk

14

**SPRING
HOLIDAY**

17

Turkey Dog
Veggie Baked Beans
Mixed Veggies
Mustard & Ketchup
Fruit Variety
Choice of Milk

18

Classy Hamburger
French Fries
Salad Mix
Ketchup
Fruit variety
Choice of milk

19

Chicken Fajita
Pinto Beans
Steamed Green
Beans
Cheez- Its
Ketchup
Fruit variety
Choice of milk

20

Cheese Pizza
Salad mix
Sliced Carrots
Ranch Dressing
Fruit variety
Choice of milk

21

Cheese Lasagna
Steamed Broccoli
Corn Niblets
Fruit Variety
Choice of milk

24

Chicken Tenders
Steamed Broccoli
Mashed Potatoes
Dinner Roll
Ketchup
Fruit variety
Choice of milk

25

Nachos w/
ground Turkey
Refried Beans
Corn Niblets
Fruit variety
Choice of milk

26

Chicken Sandwich
Tasty Tots
Salad Mix
Ketchup
Fruit variety
Choice of milk

27

Cheese Pizza
Salad mix
Baby Carrots
Ranch Dressing
Fruit variety
Choice of milk

28

Pasta & Meatballs
Sliced Carrots
Chocolate Chip
Cookie
Fruit variety
Choice of milk



Northwest Catering

Taking Nutrition to A Tasty Level!

Make sure to take your milk,
the choice is yours 1 % White
or Fat Free Chocolate

****Menu is Subject to
change****

****This Institution is an equal
opportunity provider****

