



Fun Facts About Pumpkins:

- › Pumpkins are a fruit that originated in Central America.
- › 90% of the pumpkin is made up of water.
- › Illinois grows more pumpkins than any other state in the country. It harvests nearly 12,300 acres of fruit.
- › Using pumpkins as lanterns at Halloween is based on an ancient Celtic custom brought to America by European immigrants.



9-12

****Menu is Subject to change****

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<p>3</p> <p>SPAGHETTI MEAT SAUCE Steamed Green Beans Baby Carrots Dinner Roll Fruit Variety Choice of Milk</p>	<p>4</p> <p>HAMBURGER French Fries Mixed salad Pickles Ketchup Fruit Variety Choice of Milk</p>	<p>5</p> <p>CHICKEN FINGERS Steamed Broccoli Mashed Potatoes Dinner Roll Ketchup Fruit Variety Choice of Milk</p>	<p>6</p> <p>TACO SALAD Baked Beans (vegetarian) Steamed Rice Chocolate Chip Cookie Fruit variety Choice of Milk</p>	<p>7</p> <p>CHEESE PIZZA Mixed Salad Baby Carrots Cheez- Its Fruit Variety Ranch Dressing Choice of Milk</p>
<p>10</p>  <p><i>Columbus Day</i></p>	<p>11</p> <p>CHICKEN NUGGETS Mashed Potatoes Steamed Broccoli Ketchup Dinner Roll Fruit Variety Choice of Milk</p>	<p>12</p> <p>CLASSY CHEESE BURGER Mixed Salad Tasty Tots Pickles Ketchup Fruit Variety Choice of Milk</p>	<p>13</p> <p>CHICKEN ALFREDO WITH A TWIST French Style Green Beans Carrot Coins Dinner Roll Fruit Variety Choice of Milk</p>	<p>14</p> <p>CHEESE PIZZA Mixed Salad Baby Carrots Chocolate Chip Cookie Fruit Variety Ranch Dressing Choice of Milk</p>
<p>17</p> <p>MACARONI & CHEESE Dinner Roll Steamed Broccoli Baby Carrots Fruit Variety Choice of Milk</p>	<p>18</p> <p>CHICKEN WRAP Refried Beans Salsa Celery Sticks Chocolate Chip Cookie Fruit Variety Choice of Milk</p>	<p>19</p> <p>YUMMY TACOS Potatoes Wedges Steamed Rice Graham Bug Bites Ketchup Fruit Variety Choice of Milk</p>	<p>20</p> <p>BREAKFAST SAUSAGE PANCAKES Tasty Tots Steamed Green Peas Ketchup Syrup Fruit Variety Choice of Milk</p>	<p>21</p> <p>CHEESE PIZZA Mixed Salad Baby Carrots Chocolate Chip Cookie Fruit Variety Ranch Dressing Choice of Milk</p>
<p>24</p> <p>SPAGHETTI & MEAT BALLS Dinner Rolls Green Beans Carrot Coins Fruit Variety Choice of Milk</p>	<p>25</p> <p>CHICKEN SANDWICH Mashed Potatoes Mixed Salad Pickles Ketchup Fruit Variety Choice of Milk</p>	<p>26</p> <p>CHICKEN FAJITA WRAP Steamed Broccoli French Fries Chocolate Chip Cookie Ketchup Fruit Variety Choice of Milk</p>	<p>27</p> <p>NACHOS W. GROUND TURKEY Refried Beans Corn Niblets Steamed Rice Fruit Variety Choice of Milk</p>	<p>28</p> <p>CHEESE PIZZA Mixed Salad Baby Carrots Fruit Variety Ranch Dressing Choice of Milk</p>
<p>31</p> <p>TURKEY DOG Baked Beans (vegetarian) French Fries Graham Bug Bites Ketchup Mustard Fruit Variety Choice of Milk</p>	<p>Make sure to take your milk, the choice is yours! 1 % White or Fat Free Chocolate</p>			



Breakfast



Northwest Catering

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Fruit juice
will be
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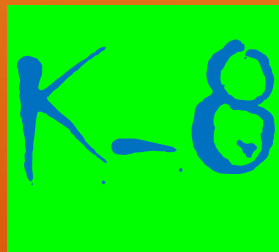
3 Cinnamon Bagel Raisin with Jelly Fruit Variety Choice of Milk	4 Trix Cereal Graham Bug Bites Fruit Variety Choice of Milk	5 Banana Muffin Chewy Chocolate Granola Bar Fruit Variety Choice of Milk	6 Assorted Cereal Kid's Choice Oatmeal Bar- Double Chocolate Fruit Variety Choice of Milk	7 MJM Vanilla Graham Crackers Yogurt Fruit Variety Choice of Milk
10  <i>Columbus Day</i>	11 Breakfast Donut Fruit Variety Choice of Milk	12 Cereal Bar Chocolate Bear Graham Crackers Fruit Variety Choice of Milk	13 Cocoa Puffs Cereal Chocolate Chip- Oatmeal Bar Fruit Variety Choice of Milk	14 Zac Bar Apple Cinnamon Trix Cereal Fruit Variety Choice of Milk
17 Cinnamon Bagel Raisin with cream Cheese Fruit Variety Choice of Milk	18 Trix Cereal Graham Bug Bites Fruit Variety Choice of Milk	19 Banana Muffin Chewy Chocolate Granola Bar Fruit Variety Choice of Milk	20 Assorted Cereal Kid's Choice Oatmeal Bar- Double Chocolate Fruit Variety Choice of Milk	21 MJM Vanilla Graham Crackers Yogurt Fruit Variety Choice of Milk
24 Cinnamon Toasters Fruit Variety Choice of Milk	25 Breakfast Donut Fruit Variety Choice of Milk	26 Cereal Bar Chocolate Bear Graham Crackers Fruit Variety Choice of Milk	27 Cocoa Puffs Cereal Chocolate Chip- Oatmeal Bar Fruit Variety Choice of Milk	28 Zac Bar Apple Cinnamon Chocolate Graham Crackers Fruit Variety Choice of Milk
31 Cinnamon Bagel Raisin with Cream Cheese Fruit Variety Choice of Milk	Make sure to take your milk, the choice is yours! 1 % White or Fat Free Chocolate			





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